

**\* NO FEE FOR THIS CCAV-SPONSORED WORKSHOP. IGNORE ALL REFERENCES TO PAYMENT**



# Alternatives to Violence Project

ANTELOPE VALLEY

Presents an...

\*PREREQUISITES: NONE

## AVP VIRTUAL **BASIC WORKSHOP #13**

Sat Sep 16, Sun Sep 17, Sat Sep 23, 8am-4pm PDT  
1-hr Lunch Break Each Day

**NO FEE FOR THIS WORKSHOP. Workshop sponsored by a grant from  
Childrens Center of Antelope Valley. IGNORE REFERENCES TO PAYMENT**

▶ Virtual Workshop is via Zoom. ◀

**Participants need to complete all sessions to receive a Certificate of Completion.**

### *Peaceful Relationships*

We all seek them...and yet conflict is a natural and inevitable part of everyday life.

- Destructive conflict can start with disappointments, irritations and frustrations.
- Unresolved conflict is one of the roots of violence.
- It is possible to learn new ways of handling differences.

AVP workshops are for everyone seeking harmony, whether in their work, family, community relationships, or all of these.

#### **REGISTRATION IS REQUIRED\***

**Must be able to access ZOOM with audio and video.**

\***Register** by Email at [avpav@aol.com](mailto:avpav@aol.com). Include:

- Name, Address, Phone #, Previous Workshops (if any...w/s type, when, where)
- Write **BASIC WORKSHOP #13** in the email subject line.

\*PREREQUISITES: NONE

Pay for Workshop at [www.avpav.org](http://www.avpav.org) (Sliding Scale \$25-\$50) — **Credit Card** or **PayPal**

For information: Diana Couch 661-942-3025, [avpav@aol.com](mailto:avpav@aol.com)

**Alternatives to Violence Project is a program fiscally sponsored by**

\*Full Scholarships if Needed  
No Questions Asked

# AVPH

Antelope Valley Partners for Health

Community Collaborative Promoting Health and Wellness Tax ID: 47-0957404

